

WHY IS IT USEFUL TO PROVIDE A&E WITH A BLOOD PRESSURE READING WHEN HANDING OVER A PATIENT SUFFERING A CVE OR TIA?

- **‘High blood pressure in acute ischaemic stroke is associated with subsequent death, death or dependency and death or deterioration’¹**
- **Studies show that all measures of blood pressure are strongly and directly related to the risk of cerebrovascular events, systolic blood pressure being the best single predictor of cardiovascular events²**
- **‘Moderate lowering of blood pressure in acute stroke might improve outcome’¹**
- **The blood pressure reading we provide in our handover to A&E paints an initial picture of the physiological state of our patient which can be used as a comparison with all subsequent blood pressure readings**

References: 1 ‘High Blood Pressure in Acute Stroke and Subsequent Outcome’ (*M Wilmot, J Leonardi-Bee, P Bath*) 2 ‘Association Between Blood Pressure Level and the Risk of Myocardial Infarction, Stroke and Total Mortality’ (*B Psaty, C Furberg, L Kuller, M Cushman, P Savage, D Levine, D O’Leary, R Bryan, M Anderson and T Lumley*)

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